



Sometimes a mother
needs help to embrace
the unexpected.

At SHIFRA,
love saves lives.

SHIFRA nurtures and equips women for motherhood when they feeling overwhelmed and unprepared. We walk women through their uncertainty, guiding our clients to find the internal strength and external resources they need to thrive as mothers.

WE DELIVER:

- Free Professional Counseling
 - Customized Financial Aid
 - Community Referrals
 - Ongoing Parenting Classes
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If you need support, please text

646.632.8547

If you want to help, please visit:
callshifra.org/donate



SHIFRA